

Shake



CODE
NL7701
CONTENT
Sachet 930 g

CODE
NL7702
CONTENT
6 sachets 31 g
Total net quantity: 186 g

MEAL REPLACEMENT FOR WEIGHT CONTROL WITH SWEETENER

INGREDIENTS

hydrolysed and concentrated whey proteins (whey protein isolate, soy lecithin), soy protein isolate, hydrolysed corn dextrin, calcium phosphates, flavourings, sunflower lecithin, maltodextrin, medium chain triglycerides, potassium, sunflower oil, magnesium oxide, thickener: xanthan gum, ferric pyrophosphate, vitamin C (L-ascorbic acid), zinc gluconate, sweetener: steviol glycosides, vitamin K (menaquinone), niacin, vitamin E (DL acetate -alpha tocopheryl), manganese gluconate, L-selenium methionine, vitamin B5 (D-pantothenate, calcium), copper gluconate, vitamin A (retinyl acetate), vitamin B12 (cyanocobalamin), papaya (Papaya carica L.) fruit fermented powder, bromelain 2500 GDU/g, vitamin B2 (riboflavin), vitamin B6 (pyridoxine hydrochloride), vitamin D3 (cholecalciferol), vitamin B1 (thiamin hydrochloride), sodium molybdate, potassium iodide, chromium picolinate, acid folic (pteroyl acid -monoglutamic), biotin.

RECOMMENDATION FOR USE

To replace a meal, mix 1 scoop of product with 250 ml of cold unsweetened semi-skimmed milk (1.5% fat). Shake well with a shaker and consume immediately as the product is subject to sedimentation.

It is important to maintain an adequate daily fluid intake.

To achieve the desired effect, it is necessary to replace 1 or 2 main meals every day according to the indications given.

> Replacing two main daily meals in a low calorie diet with meal replacements contributes to weight loss

> Replacing a main daily meal in a low calorie diet with a meal replacement contributes to weight maintenance after weight loss.

WARNING

It is recommended to use the product as part of a varied and balanced diet and a healthy lifestyle associated with regular physical activity. The product is only suitable as part of a low-calorie diet which must necessarily include other foods. Low-calorie diets should not be followed for prolonged periods without medical advice. Do not use in children under the age of 3, if used in older children, consult your pediatrician before taking.

STORAGE METHOD

Store in a cool and dry place. Do not use after the expiration date deadline. The minimum storage term refers to the product in an unopened and correctly stored package.

Nutritional value

	Per 100g	NRV*	Per serving (31g + 250ml low fat milk)	NRV*
Energy kJ/Kcal	1546/369		979/233	
Fat (g)	12.00		7.60	
of which saturated (g)	3.90		3.50	
Carbohydrates (g)	9.00		16.00	
of which sugars (g)	1.90		13.00	
Fibre (g)	16.00		5.00	
Protein (g)	39.00		21.00	
Salt (g)	0.80		0.50	
Vitamin A (mcg)	742.00	93%	279.00	35%
Vitamin D (mcg)	5.20	103%	1.60	33%
Vitamin E (mg)	11.00	94%	3.60	30%
Vitamin K (mcg)	81.00	108%	25.00	33%
Vitamin B1 (mg)	1.10	97%	0.43	39%
Vitamin B2 (mg)	1.10	76%	0.77	55%
Niacin (mg)	23.00	145%	7.40	46%
Vitamin B5 (mg)	5.80	97%	2.60	44%
Vitamin B6 (mg)	1.60	115%	0.65	47%
Biotin (mcg)	32.00	65%	15.00	30%
Folic acid (mcg)	194.00	97%	69.00	35%
Vitamin B12 (mcg)	1.30	52%	1.40	57%
Vitamin C (mg)	81.00	101%	28.00	34%
Potassium (mg)	323.00	16%	538.00	27%
Calcium (mg)	161.00	20%	359.00	45%
Phosphorous(mg)	484.00	69%	392.00	56%
Magnesium (mg)	274.00	73%	113.00	30%
Iron (mg)	16.00	115%	5.30	38%
Zinc (mg)	7.10	71%	3.20	32%
Copper (mg)	1.10	106%	0.36	36%
Manganese (mg)	2.00	100%	0.62	31%
Selenium (mcg)	53.00	97%	21.00	37%
Chromium (mcg)	65.00	161%	20.00	50%
Molibdenum (mcg)	55.00	110%	17.00	34%
Iodine (mcg)	129.00	86%	79.00	52%

*NRV: Nutrient reference values (EU Reg. 1169/2011)

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